

Informing Statements ↔ Directing Statements Practice Worksheet

In pairs, select one scenario below. Work together to complete your row with a demanding, directing, informing & “passive aggressive” statement.

Scenario	Passive Aggressive	INFORMING	DIRECTING	Demanding
	<ul style="list-style-type: none"> ● Words contradict true feelings ● Have fun with these! 	<ul style="list-style-type: none"> ● Shares facts and information ● Describes the situation 	<ul style="list-style-type: none"> ● Provides a clear and actionable suggestion, idea, or request 	<ul style="list-style-type: none"> ● Issues a command
You used the last coffee pod. Your partner/roommate forgot to buy more yesterday.	—Well, I guess tomorrow’s gonna be fun when we’re both in caffeine withdrawal ...	—I just used the last pod, there’s none for tomorrow —We’re out of pods and I have back-to-back meetings today	—I’d appreciate you getting 3 boxes of the small Nespresso pods today —I’d love to get lattes at the cafe later, we could also grab some pods	—“Just buy the coffee pods, ok?!” —“You must buy pods today” —“Go get more pods before noon”
You are out of milk / nut milk. Your partner/roommate forgot to buy more yesterday				
You want your teenager to answer their phone when you call				Pick up the phone when I call !!
You want your manager to provide you more direction or autonomy		I haven’t (or I have) done this before		
You need #s from a colleague or DR for a presentation you’re giving in 2 days				

← Lower Direct

Higher Direct →